



PRESTONFIELD

PRESTONFIELD HOUSE EDINBURGH

Summer Afternoon Tea

GLUTEN FREE MENU



AFTERNOON TEA



PRESTONFIELD'S GLUTEN FREE **SUMMER** AFTERNOON TEA
£60 PER PERSON

SAVOURIES

Garden pea and mint panna cotta tart marinated feta cheese
Heritage tomato cheesecake on rosemary and sea salt cracker

SANDWICHES

Roast chicken salad on gluten free bun
Ploughman's on gluten free bread
Egg salad gluten free sandwich
Prawn Marie Rose on gluten free bun

SCONES

Plain and fruit buttermilk scones with clotted cream and raspberry jam

CAKES

Scottish strawberry tart
Mango and coconut mousse
Raspberry, rose and pistachio gâteau
Cucumber and mint macaron

PRESTONFIELD'S GLUTEN FREE **SUMMER** CHAMPAGNE AFTERNOON TEA
Served with a glass of Billecart - Salmon Brut Réserve

£75 PER PERSON

Dishes may change due to availability of produce and disruption to deliveries from our suppliers

FOOD ALLERGIES

If you have a food allergy please advise a member of staff before ordering so that we can advise you if your choice of dish includes any of the 14 key ingredients including celery, cereals, crustaceans, eggs, fish, lupin, milk, molluscs, mustard, nuts, peanuts, sesame seed, soya and sulphur dioxide.

PRESTONFIELD'S TEA SELECTION

SCOTTISH BREAKFAST

A strong malty breakfast tea blended in Edinburgh by our local Edinburgh tea merchants in Rosevear Tea. Malty large leaved tea from India and China, with a hint of sweet orchid flowers and softly smoking cinders, combine to give a reassuringly strong brew.

QUEENS BREAKFAST

This blend of Ceylon and Darjeeling black teas is made especially in honour of Queen Elizabeth II. It combines the floral aromas of Darjeeling with the richness and strength of Ceylon.

EARL GREY BLUE FLOWER

A full-bodied black tea with aromatic bergamot and blue cornflower petals. A superb Earl Grey.

FIRST FLUSH DARJEELING

Tea from Darjeeling is known as the 'Champagne of teas' and the most sought-after Darjeeling teas are plucked in the first harvest (known as the first flush). Aromatic with vegetal, mossy and citrus notes.

LAPSANG SOUCHONG

The scent of a wood-burning fire and the taste reminiscent of a smoky single-malt whisky. This is an earthy, smoky, aromatic and truly delicious tea. 'Lapsang Souchong' was a favourite tea of Sir Winston Churchill and is one of the most recognisable of all Chinese teas.

JASMINE BLOSSOM

This organic Jasmine Blossom green tea has been naturally scented with jasmine by layering fresh jasmine flowers onto the tea and then removing them four times.

ROSE PETAL

The fragrance of roses in a cup. Freshly dried rose petals blended with an aromatic Chinese congou black tea and essence of Rose.

LEMONGRASS & MARIGOLD

A refreshing blend of lemongrass, freeze-dried strawberries, pineapple pieces, lemon and marigold blossoms.

MEDITERRANEAN FRUITS

Smooth organic black tea with pieces of organic orchard fruits. It offers the distinctive taste of juicy doughnut peaches. Can also be served and enjoyed as an iced tea.

MIDSUMMER DREAM

A blend of green and white teas with white petals and a wonderful fruity taste. A wonderfully fruity tea. Silky smooth with notes of strawberry and sweet apple tart. Imagine a sunny midsummer afternoon spent picking strawberries.

EVENING CHAI

A beautiful warming and spicy herbal blend on a base of cocoa and carob pieces, with the delightful addition of exotic spices that include cinnamon, cardamom, ginger, liquorice and cloves, with an added sweet vanilla note.

RHUBARB ROOIBOS

A blend of rooibos and rhubarb pieces. It has the distinct, authentic taste of rhubarb with a creamy vanilla undertone from the rooibos base. A perfect caffeine-free infusion to savour in Prestonfield House where Rhubarb was first introduced to Scotland.

WHOLE LEAF PEPPERMINT

Exceedingly aromatic whole peppermint leaves. The most intense peppermint tea we have ever tried.

CAMOMILE FLOWERS

Very aromatic with notes of apple and a floral sweetness. Take a moment to relax with this classic herbal tea. Camomile flowers are reputed to reduce insomnia and stress while boosting the body's immune system.

LEMON & GINGER

A blend of lemon peel and ginger pieces that makes a strong citrus and ginger infusion. There is so much flavour that this blend can be reinfused another three or four times. So much more real and strong than any Lemon and Ginger flavoured teabag. A refreshing caffeine-free drink.

LAZY SUMMER AFTERNOON

Black tea with rhubarb pieces. Velvety smooth, with notes of strawberry, cocoa, caramel and vanilla. It is the perfect drink to savour in Prestonfield House where rhubarb was first introduced to Scotland.

GUNPOWDER GREEN TEA

A fantastic 'classic' Gunpowder organic tea without any bitterness. The coppery brew is refreshing, spicy and slightly smoky. The taste is deep and complex with smoky, vegetal and fruity notes. It is wonderful when lightly infused. However; it is also delicious when left to brew for longer giving strong vegetal notes but without any bitterness. This tea was originally named 'Gunpowder' because of its resemblance to gunpowder pellets.

CHILLI CHERRY ROOIBOS

Captivating blend that combines the naturally sweet and earthy notes of rooibos tea with the fiery kick of chilli and the juicy, fruity essence of cherries. Can also be served and enjoyed as an iced tea.

LATTE, CAPPUCCINO, AMERICANO, MOCHA, ESPRESSO, FLAT WHITE, HOT CHOCOLATE



MOCKTAILS

£7

'TEATOTAL'

Rhubarb rooibos tea, lime juice, simple syrup topped with ginger beer.

TEA AND TONIC

Earl Grey tea, lemon juice, simple syrup and fever-tree tonic water.



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