



PRESTONFIELD

PRESTONFIELD HOUSE EDINBURGH

Autumn Afternoon Tea

GLUTEN FREE MENU





PRESTONFIELD'S GLUTEN FREE **AUTUMN** AFTERNOON TEA
£60 PER PERSON

SAVOURIES

Spiced pumpkin panna cotta and sage oatcake
Home-cured sea trout, horseradish and dill cracker
Pork and black pudding fritter

SANDWICHES

Smoked chicken with smoked bacon mayonnaise, sweetcorn salsa
and pickled red onion seeded slider
Coronation free-range egg and chickpea finger sandwich
Treacle-baked ham sandwich
Whipped cream cheese, roast fig, pecan and maple seeded wholemeal croustade

SCONES

Plain and fruit buttermilk scones with clotted cream and raspberry jam

CAKES

Redcurrant, yoghurt and juniper berry mousse
Macadamia, tonka and blackberry tart
Carrot financier, orange and cardamon
Maple, pecan and stout gâteau

PRESTONFIELD'S GLUTEN FREE **AUTUMN** CHAMPAGNE AFTERNOON TEA

Served with a glass of Billecart - Salmon Brut Réserve

£75 PER PERSON

Dishes may change due to availability of produce and disruption to deliveries from our suppliers

FOOD ALLERGIES

If you have a food allergy please advise a member of staff before ordering so that we can advise you if your choice of dish includes any of the 14 key ingredients including celery, cereals, crustaceans, eggs, fish, lupin, milk, molluscs, mustard, nuts, peanuts, sesame seed, soya and sulphur dioxide.

PRESTONFIELD'S TEA SELECTION

SCOTTISH BREAKFAST

A strong malty breakfast tea blended in Edinburgh by our local Edinburgh tea merchants in Rosevear Tea. Malty large leaved tea from India and China, with a hint of sweet orchid flowers and softly smoking cinders, combine to give a reassuringly strong brew.

QUEENS BREAKFAST

This blend of Ceylon and Darjeeling black teas is made especially in honour of Queen Elizabeth II. It combines the floral aromas of Darjeeling with the richness and strength of Ceylon.

EARL GREY BLUE FLOWER

A full-bodied black tea with aromatic bergamot and blue cornflower petals. A superb Earl Grey.

FIRST FLUSH DARJEELING

Tea from Darjeeling is known as the 'Champagne of teas' and the most sought-after Darjeeling teas are plucked in the first harvest (known as the first flush). Aromatic with vegetal, mossy and citrus notes.

LAPSANG SOUCHONG

The scent of a wood-burning fire and the taste reminiscent of a smoky single-malt whisky. This is an earthy, smoky, aromatic and truly delicious tea. 'Lapsang Souchong' was a favourite tea of Sir Winston Churchill and is one of the most recognisable of all Chinese teas.

JASMINE BLOSSOM

This organic Jasmine Blossom green tea has been naturally scented with jasmine by layering fresh jasmine flowers onto the tea and then removing them four times.

ROSE PETAL

The fragrance of roses in a cup. Freshly dried rose petals blended with an aromatic Chinese congou black tea and essence of Rose.

MAPLE ORCHARD

Rich black tea with apple pieces and the indulgent flavours of maple syrup and walnut. A real treat.

SCOTTISH FUDGE

Chinese black tea blended with caramel pieces and flowers. A customer favourite.

HAZELNUT TEA

Hazelnut tea is a superior Chinese black tea with hazel leaves. It has an authentic Hazelnut taste with vanilla and chocolatey notes.

EVENING CHAI

A beautiful warming and spicy herbal blend on a base of cocoa and carob pieces, with the delightful addition of exotic spices that include cinnamon, cardamom, ginger, liquorice and cloves, with an added sweet vanilla note.

RHUBARB ROOIBOS

A blend of rooibos and rhubarb pieces. It has the distinct, authentic taste of rhubarb with a creamy vanilla undertone from the rooibos base. A perfect caffeine-free infusion to savour in Prestonfield House where Rhubarb was first introduced to Scotland.

WHOLE LEAF PEPPERMINT

Exceedingly aromatic whole peppermint leaves. The most intense peppermint tea we have ever tried.

CAMOMILE FLOWERS

Very aromatic with notes of apple and a floral sweetness. Take a moment to relax with this classic herbal tea. Camomile flowers are reputed to reduce insomnia and stress while boosting the body's immune system.

LEMON & GINGER

A blend of lemon peel and ginger pieces that makes a strong citrus and ginger infusion. There is so much flavour that this blend can be reinfused another three or four times. So much more real and strong than any Lemon and Ginger flavoured teabag. A refreshing caffeine-free drink.

LAZY SUMMER AFTERNOON

Black tea with rhubarb pieces. Velvety smooth, with notes of strawberry, cocoa, caramel and vanilla. It is the perfect drink to savour in Prestonfield House where rhubarb was first introduced to Scotland.

SMOOTH PUMPKIN CHAI

Smooth Pumpkin Chai is a comforting tea that combines the warming, aromatic flavours of a traditional chai with the creamy richness of pumpkin. With each sip, you're transported to a cosy autumn day, as the earthy notes of pumpkin blend harmoniously with the tea's invigorating warmth.

REDCURRANT GREEN

Redcurrant Green is a smooth blend of sencha and oolong teas with whole redcurrants and vanilla.

LATTE, CAPPUCCINO, AMERICANO, MOCHA, ESPRESSO, FLAT WHITE, HOT CHOCOLATE



MOCKTAILS

£7

'TEATOTAL'

Rhubarb rooibos tea, lime juice, simple syrup
topped with ginger beer.

TEA AND TONIC

Earl Grey tea, lemon juice, simple syrup
and fever-tree tonic water.

For more delicious cocktails and mocktails, please see our cocktail list



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